

Resources: BOOKS & VIDEOS

The following is a suggested resource list for adults to learn more about child sexual abuse prevention. The views expressed in these resources do not necessarily reflect the views of the Collins Center. Many of these resources are available for loan at the Collins Center's resource library.

- A Child Called "It"** by Dave Pelzer
- A Conspiracy of Love: Living Through & Beyond Childhood Sexual Abuse** by Wendy Read
- A Moral Emergency: Breaking the Cycle of Child Sexual Abuse** by Jade Angelica
- A Very Touching Book** by Jan Hindman
- Abused Boys: The Neglected Victims of Sexual Abuse** by Mic Hunter
- After Silence** by Nancy Venable Raine
- Allies in Healing** by Laura Davis
- Because I Love You: The Silent Shadow of Child Sexual Abuse** by Joyce Allen
- Beginning to Heal** by Ellen Bass & Laura Davis
- Breaking Silence**
Video/Creative Video Souvenir Productions
- Child Sexual Abuse** by David Finkelhor
- Childhood - It Should Not Hurt!** by Claire Reeves
- Getting Through The Day** by Nancy J. Napier
- How to Talk So Kids Will Listen & Listen So Kids Will Talk** by Adele Faber & Elaine Mazlish
- Hush: Moving From Silence to Healing After Child Sexual Abuse** by Nicole Braddock Bromley
- I Never Told Anyone: Writings by Women Survivors of Child Sexual Abuse** by Ellen Bass Louise Thornton
- Love You Forever** by Robert Munsch
- Lovely Bones** by Alice Sebold
- Memory & Abuse** by Charles L. Whitfield
- Mousetrap: Protecting America's Children From Online Predators** CD-ROM by Virginia Community Policing Institute 2003
- My Body is Private** by Linda Girard & Kathleen Tucker
- Mysterious Skin**
DVD Video/99 minutes/Unrated/2004
- No Secrets, No Lies: How Black Families Can Heal From Sexual Abuse** by Robin D. Stone
- On Trial - America's Courts & Their Treatment of Sexually Abused Children**
by Dziech, Wright & Schudson
- Predators: Pedophiles, Rapists, and Other Sex Offenders** by Anna Salter, PhD
- Searching For Angela Shelton**
DVD Video/94 minutes/Unrated
- Secret Survivors** by E. Sue Blume
- Sex & Sensibility: The Thinking Parent's Guide to Talking Sense About Sex**
by Deborah M. Roffman
- Sexual Abuse in Christian Homes and Churches**
by Carolyn Holderead-Hegan
- Silently Seduced: When Parents Make Their Children Partners - Understanding Covert Incest**
by Kenneth Adams
- Strong At the Broken Places** by Linda T. Sanford
- Surviving Childhood Sexual Abuse Workbook**
by Carolyn Ainscough & Kay Toon
- Surviving the Silence** by Charlotte Pierce-Baker
- Telling** by Patricia Weaver Francisco
- The Best Kept Secret** by Florence Rush
- The Courage to Heal** by Ellen Bass & Laura Davis
- The Courage to Heal Workbook** by Laura Davis
- There is No Sex Fairy: To Protect Our Children From Becoming Sexual Abusers** by Jan Hindman
- The Right to Innocence: Healing the Trauma of Childhood Sexual Abuse** by Beverly Engel
- The Secret Trauma: Incest in the Lives of Girls and Women** by Diana E.H. Russell
- The Woodsman**
DVD Video/85 minutes/Rated R/2004
- Too Scared to Cry** by Lenore Terr
- Touchpoints** by T. Berry Brazelton, M.D.
- Victims No Longer** by Mike Lew
- When Your Child Has Been Molested** by Kathryn B. Hagans & Joyce Case
- Wounded Boys, Heroic Men: A Man's Guide to Recovering from Child Abuse**
by Daniel Jay Sonkin
- Writing Our Way Out of the Dark: An Anthology by Child Abuse Survivors**
by Elizabeth Claman

If you are concerned about a specific child, or if you have questions about this material, call the Collins Center at (540)434-2272.



PO Box 1473, 165 S. Main St. Suite D
Harrisonburg, VA 22801
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This resource is a project of the Collins Center, serving Harrisonburg & Rockingham County, VA
Funded by the Virginia Department of Social Services Family Violence Prevention Program SVC-06-046-02

Resources: TO USE WITH CHILDREN

The following are suggested resources for adults to use with children to learn more about child sexual abuse prevention. The views expressed do not necessarily reflect the views of the Collins Center.

Books

A Better Safe Than Sorry Book

by Sol & Judith Gordon

A Very Touching Book by Jan Hindman

A Little Bird Told Me About....My Feelings

by Marcia K. Morgan

Do You Have a Secret?

By Pamela Russell & Beth Stone

It's Perfectly Normal by Robie H. Harris

My Body Is Mine (An educational activities book)

by Robin Squire, published by The Positive Line 2003

NoNo the Little Seal

by Sherri Patterson & Judith Feldman

Please Tell! A Child's Story About Sexual Abuse

by Jessie (Published by Hazelden Foundation)

Safe and Unsafe Touching (An educational activities book) by Karen Liptak, published by The Positive Line 2005

Those Are My Private Parts

by Diane Hansen



Bibliography – “Care for Kids” Curriculum

All By Myself by Mercer Mayer

How Are You Peeling? by Saxton Freymann and Joost Elffers

I Loved You Before You Were Born by Anne Bowen

More, More, More Said the Baby by Vera B. Williams

Once Upon a Potty by Alona Frankel

The Secret of the Silver Horse

published by the Minister of Justice and Attorney General of Canada

Loving Touches by Lory Freeman

The Trouble With Secrets by Karen Johnsen



Programs & Curriculums

Care For Kids Program: Early Childhood Sexuality and Abuse Prevention -

Developed by The Leeds, Grenville and Landmark District Health Unit (available to trained professionals only) For more information, contact the Collins Center.

Child Assault Prevention (CAP) Program -

A project of the National Center for Assault Prevention, 606 Delsea Drive, Sewell, NJ 08080. For more information, visit www.ncap.org. The CAP project of Harrisonburg/Rockingham County is a member of the CAP Network, comprised of projects around the world.



Preventing Child Sexual Abuse (Ages 5-8) & (Ages 9-12) by Kathryn Goering Reid (Published by the United Church Press) (ISBN0829810161 & ISBN0829808108)



Stewards of Children - A program of Darkness to Light: Confronting child sexual abuse with courage. To find out more, visit www.darkness2light.org.

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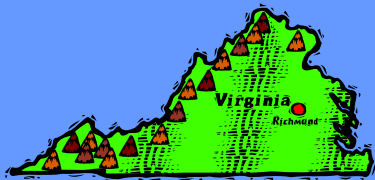
State & Local Resources



National Resources

- Rape, Abuse, & Incest National Network 
- National Sexual Violence Resource Center 
- Child Welfare Information Gateway 

Virginia Resources



Harrisonburg/Rockingham County

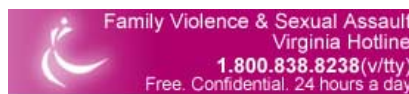
- The Collins Center (formerly Citizens Against Sexual Assault) - (540)434-2272
- Child Protective Services - (540)574-5100
- Harrisonburg Police Department - (540)434-2545
- Rockingham Sheriff's Office - (540)564-3800
- First Step: A Response to Domestic Violence - (540)434-0295
- Victim Witness - (540)564-3350
- Commonwealth Attorney's Office - (540)433-9161
- Sexual Assault Nurse Examiner Program at Rockingham Memorial Hospital - (540)433-4393
- Harrisonburg Pediatrics - (540)434-3004

State of Virginia

- Virginia Sexual & Domestic Violence Action Alliance - (804)377-0335 or www.vsdv.org



- Family Violence & Sexual Assault Hotline - (800)838-8238



- Virginia Department of Health - Center for Injury and Violence Prevention
www.vahealth.org/civp/sexualviolence



- Virginia Department of Social Services
www.dss.virginia.gov



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Glossary of Terms

The following are terms used throughout this resource that may or may not be familiar to you. These words may have other meanings or definitions, but here they are defined in the context of this CD.

- **Child Advocacy Center** - a center working to coordinate all the professionals (legal, social services, medical) involved in an abuse or neglect case (To find a center near you, contact the National Children's Alliance at www.nca-online.org or 1-800-239-9950)
- **Child Sexual Abuse** - inappropriate sexual touching and non-touching activity with a child by an adult, an adolescent, or an older child (cases involving adolescents or other children as the perpetrators are sometimes not as clear; it is important to understand the difference between abuse and normal sexuality)
- **Collins Center** - a rape crisis and mental health center in Harrisonburg, Virginia providing direct services to victims of sexual assault, prevention outreach, and therapy for all mental health issues (visit www.thecollinscenter.org)
- **CPS** - Child Protective Services, a division of Social Services, the state agency in Virginia to protect children from abuse & neglect
- **Exhibitionism** - to expose oneself or one's genitals for sexual gratification
- **Exploitation (sexual)** - to use or abuse someone unjustly for one's own advantage or sexual gratification
- **Healthy Sexuality** - having age-appropriate knowledge about sexuality and positive attitudes about the body, including private parts - healthy sexuality can prevent children from becoming victims or perpetrators of sexual abuse
- **Incest** - sexual misconduct where the perpetrator and victim are members of the same family or household (sexual abuse between step family members, not blood-related, is also considered incest)
- **Mandated Reporter** - someone who is required, by law, to report suspicions of abuse or neglect to the proper authorities (law enforcement and child protective services). To see state requirements and list of mandated reporters, see Reporting Suspected Child Abuse
- **Molestation** - sexual touching that is unwanted or unwelcome
- **Object Penetration** - penetration of the anus or vagina with an inanimate object for sexual gratification
- **PERK** - Physical Evidence Recovery Kit, a specialized exam given to victims of sexual assault to document evidence used to prosecute offenders
- **Perpetrator** - the person who commits a sexual violation against another person (another word for offender)
- **Primary Prevention** - prevention of sexual violence BEFORE victimization occurs; targets the general population, offering services or education BEFORE any signs of undesired behavior are present
- **Sexual Assault** - a continuum of inappropriate sexual behaviors including harassment, rape, molestation, exhibitionism, voyeurism, online exploitation, forcible sodomy, and other unwanted sexual activity
- **Sexual Behavior Problems** - any sexual behavior that a child exhibits that makes others uncomfortable, is abusive, is violating a rule, or interferes with a child's healthy development
- **Survivor** - a victim moving through the stages of healing from their traumatic sexual experience
- **Sex Offender** - a perpetrator who has been convicted of a sex crime and is registered with the state registry (for purposes in this resource, anyone who has committed a sex crime may be referred to as a sex offender, even if they haven't been convicted)
- **SANE** - Sexual Assault Nurse Examiner, a trained nurse who specializes in examining sexual assault victims and completes the PERK exams
- **SART** - Sexual Assault Response Team, a coordinated response team made up of local professionals including law enforcement, social services, advocates, attorneys, nurses, and all others invested in serving victims of sexual assault in the community
- **Thrivor** - a survivor who has gone through stages of healing, has integrated their experience of sexual trauma into their identity in a healthy way, and has learned to cope with and get support for their emotional pain as a result of being a victim of sexual violence
- **Victim** - someone who has been assaulted or violated in a sexual way
- **Voyeurism** - to watch or view someone naked or undressing without that person's knowledge or consent

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